

You do not have to be clever to please me; all you have to do is want to love me. Just speak to me as you would to anyone of whom you are very fond.

Are there any people you want to pray for?
Say their names to me and ask of me as much as you like for them.
I am generous, I know all their needs, but I want you to show your love for them and for me by trusting me to do what I know is best.

Tell me about the poor, the sick, and the sinners; if you have lost the friendship or affection of anyone, tell me about that too.

Is there anything you want for your soul? If you like, you can write out a long list of all your needs and come and read it to me. Tell me of the things you feel guilty about. I will forgive you if you will accept my forgiveness.

Tell me about your faults: pride, laziness, touchiness, self-centeredness, or meanness. I love you in spite of these. Do not be ashamed; there are many saints in heaven who had the same faults as you. They prayed to me, and little by little their faults were corrected.

Do not hesitate to ask me for blessings for the body and mind; for health, memory, and success. I can give everything, and I always give whatever will help a soul to become holier – more like me.

What is it that you want today? Tell me, for I long to do good for you. What are your plans? Tell me about them. Is there anyone you want to please? What do you want to do for them?

Is there any gift that you want to give to me?

Do you want to do a little good to the souls of your friends who have forgotten me?

Tell me about your failures, and I will show you the cause of them.

What are your worries?
Who has caused you pain?
Tell me about it. Decide to forgive and to be kind to that person, and I will bless you.

Are you afraid of anything? Do unreasonable fears torment you? Trust yourself to me. I am here. I see everything. I will not leave you.

Have you joys to tell me about? Share your happiness with me. Tell me what has happened since yesterday to cheer and comfort you. Whatever it was, no matter how big; no matter how small, I prepared it. Show me your gratitude and thank me.

Are temptations bearing heavily upon you? Yielding to temptations always disturbs the peace of your soul. Ask me, and I will help you overcome them.

Thank you for visiting. Go along now! Get on with your work or play or other interests. Try to be quieter, humbler, more submissive, and kinder. Come back soon and bring me a more devoted heart. Tomorrow I shall have more blessings for you.